

strenuously *(stren-u-ous-ly)*

Definition

adv. marked by great effort or energy; vigorous or zealous; requiring or characterized by great effort or exertion

Example Sentence

He objected **strenuously** to the stand his party was taking.

Synonyms

consuming ; exhausting; hard; rough; vigorous

Antonyms

easy; effortless; halfhearted

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