

# soundness (*sound-ness*)

## Definition

n. 1 a state or condition free from damage or decay; 2 the quality of being prudent and sensible; 3 the muscle tone of healthy tissue

## Example Sentence

He was convinced of the **soundness** of her advice.

## Synonyms

healthiness; durability; strength; wisdom; wiseness

## Antonyms

unhealthiness; ignorance

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