

# self-deprecating *(self-depr-ecat-ing)*

Syllables count: 4

## Definition

modestly criticizing oneself or one's abilities

## Example Sentence

His **self-deprecating** humor, used carefully, keeps him humble and helps him connect with his audience over the years.

## More Example Sentences

She made a **self-deprecating** joke about her cooking skills, making everyone laugh and feel at ease.

## Synonyms

humble, self-critical

## Antonyms

arrogant

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