

**Say It! Trace It! Write It!**

Learn it, practice it, spell it, and pronounce it.

**Instructions:** Say the word, trace it, then write it on your own.

**Example Sentence**

Her **leanness** was due to a healthy diet and running five miles per day.

**SAY IT!**  
**leanness**

**TRACE IT!**  
**leanness**

**WRITE IT!**  
**leanness**

leanness

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