

# impede (*im-pede*)

## Definition

v. to create difficulty for the work or activity of

## Example Sentence

The heavy rain will **impede** the runners.

## Synonyms

hamper; hinder; hold back; interfere

## Antonyms

help; aid; assist

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)