

heaves *(heaves)*

Definition

v. 1 to push up or out with great effort; 2 to throw with great force; 3 to let out loudly; 4 to throw up from one's stomach

Example Sentence

The sailor **heaves** the anchor overboard.

Synonyms

lift; throw with effort; fling; haul

Antonyms

digging

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com