

# bolster *(bol-ster)*

## Definition

v. support and strengthen n. a pillow that is often put across a bed underneath the regular pillows

## Example Sentence

The coach tried to **bolster** team morale. OR She laid the **bolster** on the bed.

## Synonyms

support; prop up; uphold; long pillow

## Antonyms

knock down; weaken

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